



# MEMORIZATION



## The Song of Mary (Luke 1: 46 – 55)



## Jonah's prayer (Jonah 2)

Then Jonah prayed to the Lord his God from the fish's belly. And he said: "I cried out to the Lord because of my affliction, and He answered me. Out of the belly of Sheol I cried and You heard my voice. For you cast me into the deep, into the heart of the seas, and the floods surrounded me; all Your billows and Your waves passed over me. Then I said, "I have been cast out of Your sight; yet I will look again toward Your holy temple." The waters surrounded me, even my soul; the deep closed around me; weeds were wrapped around my head. I went down to the moorings of the mountains; the earth with its bars closed behind me forever; yet You have brought up my life from the pit, O Lord my God. When my soul fainted within me, I remembered the Lord and my prayer went up to You, into Your holy temple. Those who regard worthless idols forsake their own mercy. But I will sacrifice to You with the voice of thanksgiving; I will pay what I have vowed. Salvation is of the Lord." So the Lord spoke to the fish, and it vomited Jonah onto dry land.

And Mary said: "My soul magnifies the Lord, And my spirit has rejoiced in God my Savior. For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed. For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation. He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. He has helped His servant Israel, In remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever."

## Psalm 33:1-9

Rejoice in the Lord, O you righteous! For praise from the upright is beautiful. Praise the Lord with the harp; Make melody to Him with an instrument of ten strings. Sing to Him a new song; play skillfully with a shout of joy. For the word of the Lord is right, and all His work is done in truth. He loves righteousness and justice; the earth is full of the goodness of the Lord. By the word of the Lord the heavens were made, and all the host of them by the breath of His mouth. He gathers the waters of the sea together as a heap; He lays up the deep in storehouses. Let all the earth fear the Lord; let all the inhabitants of the world stand in awe of Him. For He spoke, and it was done; He commanded, and it stood fast.

